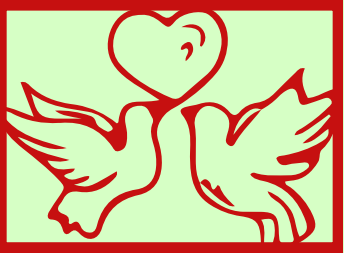


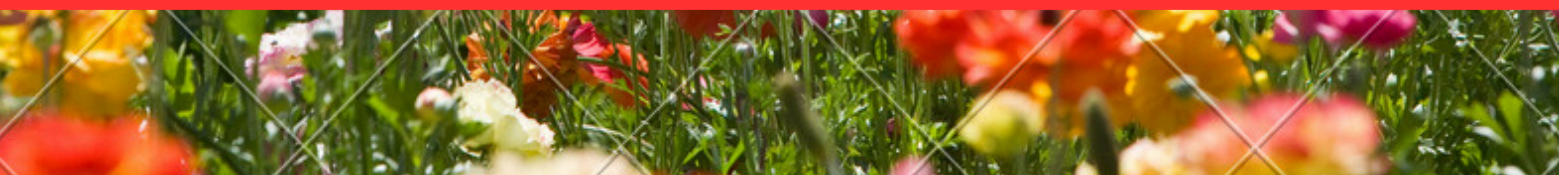
AASHA

Newsletter RCMSEP

DECEMBER 2024



"Growth begins with care—nurture the Earth, one plant at a time."

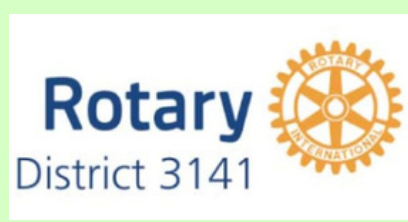


District Governor: Rtn. Chetan Desai

Club Secretary: Rtn. Manoj Kumar Sinha

Club President: Rtn. Jotinder Singh Ahluwalia

Club Treasurer: Rtn. Naresh Khatri



President Speaks...

Dear Fellow Rotarians,

As the year comes to a close, December has been a month filled with joy, reflection, and impactful service for the Rotary Club of Mumbai Sher-e-Punjab. Our activities this month celebrated the spirit of giving and solidarity while reinforcing our commitment to the community. The season brought us together for heartwarming events, including our Christmas celebrations, where we shared the joy of the holidays with specially-abled children. On Veer Bal Diwas, we honored the valiant sacrifices of young heroes, instilling pride and inspiration in the next generation. The winter chill reminded us of our responsibility towards those less fortunate, and we responded with multiple blanket distribution projects, ensuring warmth and comfort for over 360 beneficiaries. Our efforts in promoting environmental care saw successful tree plantation drive and “Nurture our Nature” poster competition, reinforcing our commitment to a sustainable future.

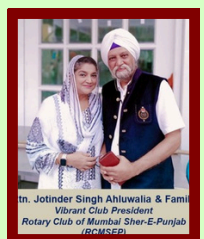
It is to my personal satisfaction to note the contribution of our Interactors & Rotaractors, who led from the front, in supporting multiple projects undertaken in this month. Education remains at the heart of our initiatives. This month, we continued our focus on providing educational feeships for needy students, empowering them to achieve their dreams. Our Annapoorna project also brought hope and nourishment to several families, exemplifying Rotary’s spirit of service above self.

Thank you to all our members, partners, and supporters for your unwavering dedication and generosity throughout December. Your contributions make a world of difference and inspire us to keep striving for a better tomorrow. Wishing you and your families a Happy New Year filled with joy, health, and success. Let’s embrace 2025 with renewed zeal to serve and transform lives.

Yours in Rotary Service,

Jotinder Singh Ahluwalia – President - RCMSEP

Happy New Year!

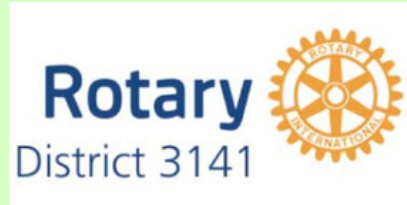


District Governor: Rtn. Chetan Desai

Club Secretary: Rtn. Manoj Kumar Sinha

Club President: Rtn. Jotinder Singh Ahluwalia

Club Treasurer: Rtn. Naresh Khatri



BOD Meeting held on 5th December 2024.



Club Meeting held on 5th December 2024

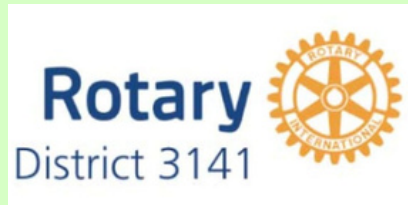
(Birthday celebration of our members Arunji, Minishaaji, Sunita. & ji, Monica ji & Anniversary of Mr & Ms Nair and Mr & Ms Khatri.

District Governor: Rtn. Chetan Desai

Club Secretary: Rtn. Manoj Kumar Sinha

Club President: Rtn. Jotinder Singh Ahluwalia

Club Treasurer: Rtn. Naresh Khatri



AGM held on 19th December 2024.



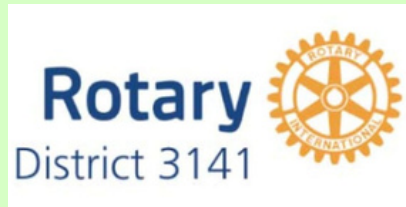
Club Assembly held on 19th December 2024.

District Governor: Rtn. Chetan Desai

Club Secretary: Rtn. Manoj Kumar Sinha

Club President: Rtn. Jotinder Singh Ahluwalia

Club Treasurer: Rtn. Naresh Khatri



Club Assembly held on 19th December 2024. (Rotaract & Interact Club President & Secretary)



Fellowship held on 19th December 2024.

District Governor: Rtn. Chetan Desai

Club Secretary: Rtn. Manoj Kumar Sinha

Club President: Rtn. Jotinder Singh Ahluwalia

Club Treasurer: Rtn. Naresh Khatri

DONATION OF A PRINTER



A Canon All In One Ink Printer was donated for administrative and educational support to V.B.Patil Jr. College Dahanu so as to help efficient documentation and paperwork for the school management.

FOCUS AREA: Basic Education & Literacy

PLACE: Dahanu

BENEFICIARIES: More than 100

RCMSEP MEMBERS ATTENDED:1

AMOUNT SPENT:RS. 5,000/-

COLLABORATION: Chingari Shakti Foundation & Gur Samarath Foundation

District Governor:Rtn.Chetan Desai

Club Secretary: Rtn. Manoj Kumar Sinha

Club President:Rtn. Jotinder Singh Ahluwalia

Club Treasurer: Rtn. Naresh Khatri

DONATION OF A HP LAPTOP



A HP Laptop donated to a college student Priyanka who is a daughter of a housemaid. This will help her to do her academic assignments in the college.

DATE : 02//12/2024

FOCUS AREA: Basic Education & Literacy

PLACE: Andheri East

BENEFICIARIES: 1

RCMSEP MEMBERS ATTENDED:1

AMOUNT SPENT:RS. 17,000/-

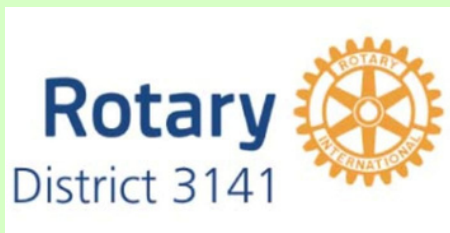
COLLABORATION: Chingari Shakti Foundation

District Governor:Rtn.Chetan Desai

Club Secretary: Rtn. Manoj Kumar Sinha

Club President:Rtn. Jotinder Singh Ahluwalia

Club Treasurer: Rtn. Naresh Khatri



FREE DENTAL CHECK UP CAMP

A Dental Camp was conducted in R.C. Maruti School with help of Dr. Sonam and Dr. Monica. 75 students were identified with some or other abnormality in their dental health. Each student was given their check up report and discounts offered for students requiring further treatment.



DATE : 5/12/2024

PLACE: R.C.Maruti School

FOCUS AREA: Disease Prevention

BENEFICIARY: 348 students

RCMSEP MEMBERS ATTENDED: 3

+ 2 Interact Club Members ICMV

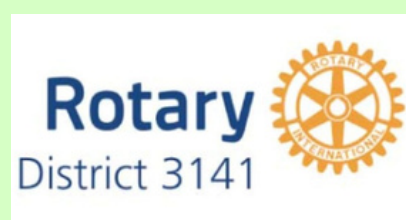
AMOUNT SPENT:2,000/-

District Governor:Rtn.Chetan Desai

Club Secretary: Rtn. Manoj Kumar Sinha

Club President:Rtn. Jotinder Singh Ahluwalia

Club Treasurer: Rtn. Naresh Khatri



MUMMY'S KITCHEN PROJECT



Based on the need for a school canteen and to promote entrepreneurial skills, the concept of Mummy's Kitchen was initiated. Mother's of Interact Club of Guru Nanak Bravehearts were encouraged to make breakfast snacks which were sold by the Interactors at affordable prices during the school recess.



DATE: 07/12//2024

FOCUS AREA: Basic Education & Literacy

MENU: Poha and Vada Pav

BENEFICIARIES: 120

PLACE: Andheri East

RCMSEP MEMBERS

ATTENDED: 6 + 9 Interactors of ICGNB

AMOUNT SPENT: RS. nil.

District Governor: Rtn. Chetan Desai

Club Secretary: Rtn. Manoj Kumar Sinha

Club President: Rtn. Jotinder Singh Ahluwalia

Club Treasurer: Rtn. Naresh Khatri

MUMMY'S KITCHEN DAY 2 (ICGNB BH)

After the success of the Day 1 of Mummy's Kitchen, members of ICGNB organised another school canteen offering Vadapav, Samosapav and Cool Mojito drinks at nominal prices. Children learnt teamwork, marketing skills and cleaned up after the event.



DATE: 21/12//2024

BENEFICIARIES: 120

AMOUNT SPENT: 1,000/-

RCMSEP MEMBERS :2

FOCUS

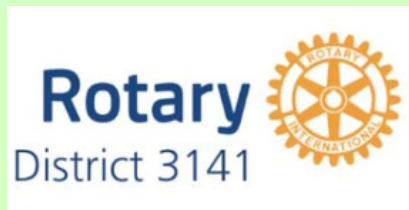
AREA:Community

Development &

Entrepreneurship skills.

COLLABORATION:Guru

Nanak School Management



MUMMY'S KITCHEN PROJECT

The Interact Club of Guru Nanak Brave Hearts hosted Mummy's Kitchen Day 3, selling samosa pav and rose sharbat to their peers during lunch break. The children enjoyed the hands - on experience, learning valuable skills in coordination, marketing, sales and hygiene.



DATE: 27/12//2024

FOCUS AREA: Basic Education & Literacy

BENEFICIARIES: 120

PLACE: Andheri East

AMOUNT SPENT: RS. nil.



District Governor: Rtn. Chetan Desai

Club Secretary: Rtn. Manoj Kumar Sinha

Club President: Rtn. Jotinder Singh Ahluwalia

Club Treasurer: Rtn. Naresh Khatri

TREE PLANTATION

Beautification of School Campus.

Trees , Plants were collected, pots were painted, soil and manure were spread and finally plants and trees were planted in the compound of R.C.Maruti School. The entire objective of this project was beautification of school campus of R.C. Maruti School.



PLACE: R.C. Maruti School
FOCUS AREA: Environment

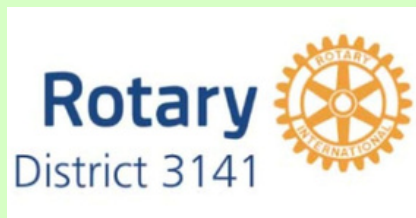
DATE: 07/12/2024
RCMSEP MEMBERS ATTENDED:06 + 25
Interact Club members of ICMV.
AMOUNT SPENT:RS. 2,600/-

District Governor:Rtn.Chetan Desai

Club Secretary: Rtn. Manoj Kumar Sinha

Club President:Rtn. Jotinder Singh Ahluwalia

Club Treasurer: Rtn. Naresh Khatri



Nurture Our Nature Poster Competition

Awareness on Protection of our mother nature.

The Interact Club members of Maruti Veers participated in a poster drawing competition to raise awareness about protecting Mother Nature. Their creative entries were displayed on the school walls, spreading an important environmental message.



PLACE: R.C. Maruti School
FOCUS AREA: Environment

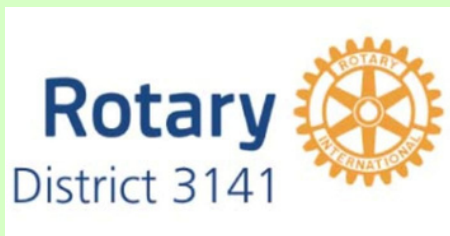
DATE: 07/12/2024
RCMSEP MEMBERS ATTENDED: 06 + 09
students of Interact Club members of ICMV.
AMOUNT SPENT: RS. 1,565/-

District Governor: Rtn. Chetan Desai

Club Secretary: Rtn. Manoj Kumar Sinha

Club President: Rtn. Jotinder Singh Ahluwalia

Club Treasurer: Rtn. Naresh Khatri



Nutrition Ration Kits Donation to PLHIV & Transgenders

RCMSEP members distributed 100 nutrition ration kits to people living with HIV and transgenders. Rtn. Minishaa also marked her birthday by sharing snack boxes with the inmates and staff of Humsafar Trust.



DATE: 09/12/2024

PLACE: Humsafar Trust, Vakola Santa Cruz

FOCUS AREA: Annapoorna

BENEFICIARY: 400

AMOUNT SPENT (Rs): 81,557/-

District Governor: Rtn. Chetan Desai

Club Secretary: Rtn. Manoj Kumar Sinha

Club President: Rtn. Jotinder Singh Ahluwalia

Club Treasurer: Rtn. Naresh Khatri

ANNAPOORNA

Baghbaan

Lunch was organised by RCMSEP for the senior citizen inmates of the Day Care Centre of Dignity Foundation, Datta Tekdi , Jogeshwari East.



DATE: 10/12/2024

FOCUS AREA: Annapoorna - Community Economic Development, Baghbaan.

PLACE: Jogeshwari East.

BENEFICIARIES: 80 senior citizens

RCMSEP MEMBERS ATTENDED:

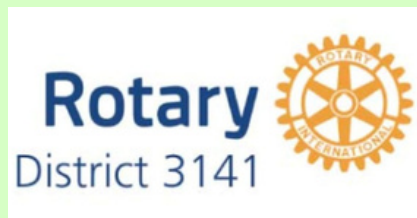
4 AMOUNT SPENT:RS. 6,700/-

District Governor:Rtn.Chetan Desai

Club Secretary: Rtn. Manoj Kumar Sinha

Club President:Rtn. Jotinder Singh Ahluwalia

Club Treasurer: Rtn. Naresh Khatri



WORKSHOP ON DIGITAL DETOX

RCMSEP members along with Interact Club of Guru Nanak BraveHearts (ICGNB) organised an awareness session for school students on causes, symptoms, impact and solutions to address the problem of social media addiction. The workshop was conducted by Dr. Kruti Abhyankar of Rotary Club of Addiction Prevention.



DATE: 11/12/2024

FOCUS AREA: Basic Education and Literacy

PLACE: Andheri East. Guru Nanak English school

RCMSP MEMBERS ATTENDED: 06 + 10 Interactors of ICGNB

BENEFICIARIES: 160

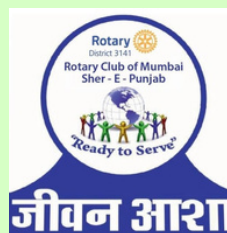
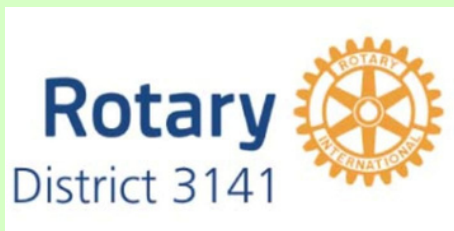
AMOUNT SPENT: RS. 3,500/-

District Governor: Rtn. Chetan Desai

Club Secretary: Rtn. Manoj Kumar Sinha

Club President: Rtn. Jotinder Singh Ahluwalia

Club Treasurer: Rtn. Naresh Khatri



SPREADING SMILES

Rotary Initiative to support senior citizens

The Interact Club of Guru Nanak Brave Hearts, supported by RCMSEP, treated senior citizens at Little Sisters of the Poor, Andheri East to a delightful program of songs and dances, followed by a sweet treat of homemade puranpoli.



DATE: 13/12/2024

BENEFICIARIES:65

**RCMSEP MEMBERS :07 + 32
Interactor of ICGNB**

**PLACE: Andheri East. Little
Sisters of the Poor**

AMOUNT :4,200/-

District Governor:Rtn.Chetan Desai

Club Secretary: Rtn. Manoj Kumar Sinha

Club President:Rtn. Jotinder Singh Ahluwalia

Club Treasurer: Rtn. Naresh Khatri

CHRISTMAS CELEBRATION WITH SPECIALLY ABLED CHILDREN OF MBA SCHOOL



RCMSEP members joined hands to celebrate christmas with specially abled children of MBA School.



DATE: 17/12//2024

BENEFICIARIES: 31

AMOUNT SPENT 11,275/-

RCMSEP MEMBERS :10

**FOCUS AREA: disability
to Ability Annapoorna**

TELEVISION SET (OLD) DONATED TO GURU NANAK ENGLISH SCHOOL



**Rtn. Pinkky Rajgarhiya
helped to get donation of
old Television Set from
Ms. Chaudharyji and her
daughter.**

DATE: 19/12//2024

BENEFICIARIES: More than 300

AMOUNT SPENT: 5,000/-

RCMSEP MEMBERS :1

FOCUS AREA: Education and Literacy

BLANKET DISTRIBUTION I



RCMSEP members distributed Blankets to the pavement dwellers sleeping on the roadside at 11.00 p.m. at night, so as to protect them from the chilled weather. A seva of true nature to help the poor in this cold weather.

DATE: 21/12//2024

BENEFICIARIES: 102

AMOUNT SPENT: 22,950/-

RCMSEP MEMBERS :9

FOCUS AREA: Community Service

BLANKET DISTRIBUTION II (with Games)

to the tribals of Karjat

RCMSEP members got together to collect funds for distribution of blankets to the residents of the tribal villagers in Karjat. The objective was to spread warmth and comfort to the poor during the cold month. Along with Blankets games like carrom were also sent for the tribals.



DATE: 30/12//2024

BENEFICIARIES: 250

AMOUNT SPENT: 21,900/-

RCMSEP MEMBERS :6

FOCUS AREA: Community Economic Development

COLLABORATION: Gur Samarath Foundation & RC Karjat.

NUTRITIONAL SNACK KITS FOR HIV CHILDREN



As a part of Christmas celebrations RCMSEP along with Chingari Shakti Foundation organised a Nutritional Snacks Kits distribution project for HIV infected children of the Desire Society at Malad.

DATE: 22/12//2024

BENEFICIARIES: 32

AMOUNT SPENT: 6,500/-

RCMSEP MEMBERS :2

FOCUS AREA: Disease Prevention & Treatment & Annapoorna

COLLABORATION:Chingari Shakti Foundation

VEER BAL DIWAS

Veer Bal Diwas is a national day devoted to paying tribute to the courage and sacrifice of the 4 young brave sons of Guru Gobind Singh Ji (age 16-18 years). Their martyrdom at a tender age remains a reminder of values of truth, justice and unwavering commitment to righteousness. RCMSEP and Guru Nanak English School children celebrated VEER BAL DIWAS. The event showcased essays, poems, shabad - kirtan, poster making and model making by young school kids. RCMSEP sponsored medals, certificates for all winners and cakes for all children.



DATE: 24/12//2024

BENEFICIARIES: 300

AMOUNT SPENT: 11,350/-

RCMSEP MEMBERS :8 + 20

ICGNBH Interact Club members

FOCUS AREA: National Integration

TEACHING COMPUTERS TO GURU NANAK SCHOOL STUDENTS

6 Rotaractors of JES College teach Computers to the students of 6th,7th, 8th and 9th of Guru Nanak English School. This is an ongoing project for a period of 2 months.



This is an Ongoing Project.

JES ROTRATORS: 6

BENEFICIARIES: students of 6th Std - 9th Std

AMOUNT SPENT: nil

FOCUS AREA: Basic Education and Literacy

VISIT TO CHESHIRE HOME

By Members of ICGNB

The Interact Club of Guru Nanak Brave Hearts, accompanied by Rtn. Minishaa, visited the Cheshire Home, distributed samosa pav to the children, parents and staff. They also spent quality time with the inmates, creating cherished moments.



DATE: 27/12//2024

BENEFICIARIES: 40

AMOUNT SPENT: 1,000/-

RCMSEP MEMBERS :1 + 4

ICGNBH Interact Club members

FOCUS AREA: Annapoorna

SKILL DEVELOPMENT COURSE PARTICIPATION (Organised by Rotary Club of Chembur)

12 students of JES College being motivated by the President Rtn. Jotinder Ahluwalia and Rtn. Dr. Sunita Sharma joined the Hair Salon Course a Skill Development Course conducted by Rotary Club of Chembur



DATE: 30/12//2024

ORGANISED BY ROTARY CLUB OF CHEMBUR

BENEFICIARIES: 12

AMOUNT SPENT: nil

RCMSEP MEMBERS : 1

FOCUS AREA: Skill Development



RAW ROTARY FOR ANIMAL WELFARE

RCMSEP and Gur Samarath Foundation

**Payment for food to feed stray dogs, cats and
hospitalization expenses paid**



DATE: 30/12/2024

FOCUS AREA: RAW

COLLABORATION: Gur Samarath Foundation

RCMSEP MEMBERS ATTENDED:01

AMOUNT SPENT:5,000/-

District Governor:Rtn.Chetan Desai

Club Secretary: Rtn. Manoj Kumar Sinha

Club President:Rtn. Jotinder Singh Ahluwalia

Club Treasurer: Rtn. Naresh Khatri

RISE

ROTARY INITIATIVE TO SUPPORT EDUCATION

RCMSEP and Gur Samarath Foundation

Guru Nanak English High School, Sher-E-Punjab, Andheri			
Sr.No.	Student Name	Std.	Fees Amount
1	Kuldeep Kaur	II	5200
2	Jugaadveer Singh	II	7200
3	Kavleen Kaur	IV	7200
4	Prabhleen Kaur	V	7200
5	Jaspreet Kaur	VIII	7200
			34000

Donated by S.Satinder Pal Singh Ji & S.Jotinder Singh Ji

Guru Nanak High School-Sher-E-Punjab			
Sr.No.	Student Name	Std.	Fees Amount
1	Saumya Mishra	VII	18000
			18000

Donated by Manisha Ji

Guru Nanak English High School - Sher-E-Punjab, Andheri East (Secondary Section)			
Sr.No	Student Name	STD	Fees Amount
1	Bhosle Tanush	V	5000
2	Gupta Shruti	VI	13000
3	Khan Aliya	VII	5400
4	Gupta Shreya	VIII	7600
5	Sharma Shikha	IX	5600
Total			36600

Guru Nanak English High School - Sher-E-Punjab, Andheri East (Primary Section)			
Sr.No	Student Name	STD	Fees Amount
1	Londhe Yuvraj	I	8500
2	Nai Shrishti	IV	4900
Total			13400
Total Donated Amount			50000

Scanned with



DATE: 31/12/2024

FOCUS AREA: RISE

COLLABORATION: Gur Samarath Foundation

RCMSEP MEMBERS ATTENDED:01

AMOUNT SPENT:1,12,000/-

BENEFICIARIES: 14

District Governor:Rtn.Chetan Desai

Club Secretary: Rtn. Manoj Kumar Sinha

Club President:Rtn. Jotinder Singh Ahluwalia

Club Treasurer: Rtn. Naresh Khatri

Donating Crutches for Physically Disabled Person

A pair of new aluminium crutches was donated to a disabled person



DATE: 31/12//2024

BENEFICIARIES: 1

AMOUNT SPENT: 2,300/-

RCMSEP MEMBERS :3

FOCUS AREA: Disability to Ability

**COLLABORATION:Chingari Shakti
Foundation**